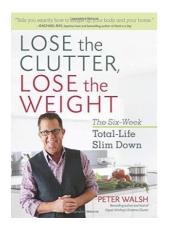
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## LOSE THE CLUTTER, LOSE THE WEIGHT: THE SIX-WEEK TOTAL-LIFE SLIM DOWN



Rodale Press Inc. Paperback / softback. Book Condition: new. BRAND NEW, Lose the Clutter, Lose the Weight: The Six-Week Total-Life Slim Down, Peter Walsh, A recent study showed that people with cluttered homes were 77 percent more likely to be overweight or obese. Why? Organizational pro Peter Walsh thinks it's because you can't make your healthiest choices in a disorganized environment. In "Lose the Clutter, Lose the Weight," Walsh arms you with a simple 6-week plan to clear your home...

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