



Emotional Investment: Transforming Psychotherapeutic Assumptions (Paperback)

By G Michael Blahnik

Createspace, United States, 2011. Paperback. Book Condition: New. 211 x 137 mm. Language: English . Brand New Book ***** Print on Demand *****.Emotional Investment: Transforming Psychotherapeutic Assumptions argues that most current psychotherapies tend to be objective or quasi-objective in their orientation, where objective means that mental health and mental illness are assumed to be objective realities that clinicians can access and impart to patients or clients and that patients or clients can learn (e.g. psychoanalysis, ego psychology, self psychology, behaviorism) and quasi-objective means that though lip service is given to relative realities, the actual assumptions are objective (e.g. cognitive therapy, reality therapy). As such, most psychotherapies today involve a power differential between therapist and client where the therapist, who supposedly has access to objective reality, has power over the client. Emotional Investment is offered as a new form of professional/non-professional interaction in the mental health field that equalizes the power between professional emotional investor (traditionally, the therapist) and the non- professional investor (NPI) (traditionally, the client or patient). It is based upon the philosophy of experientialism that maintains the experience, defined as a necessary combination of cognition, affect, behavior, sensation, environment, and the I is equal to reality. Such a...



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