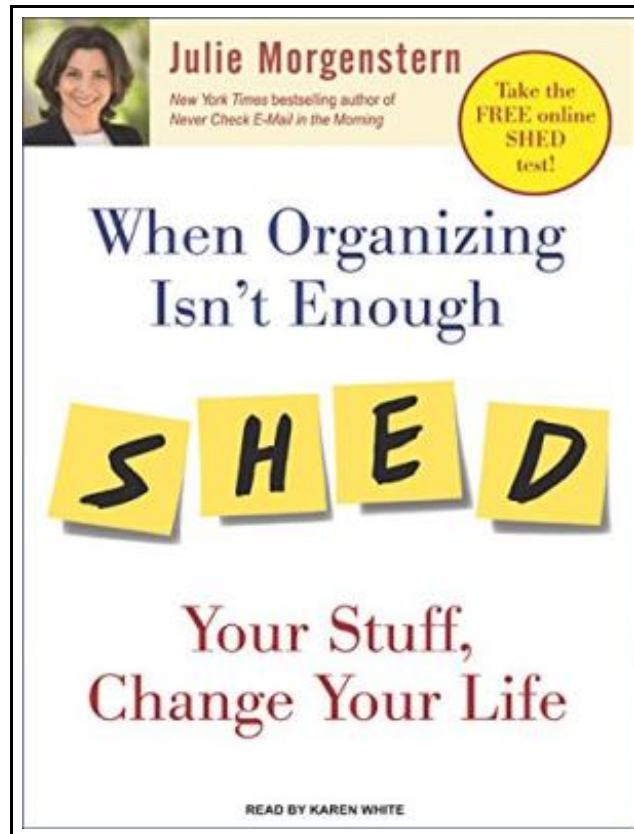


When Organizing Isn't Enough SHED Your Stuff, Change Your Life



Filesize: 5.8 MB

Reviews

An exceptional book as well as the font applied was fascinating to learn. It is loaded with knowledge and wisdom I am just easily can get a pleasure of studying a created book.

(Dr. Benjamin Lakin)

WHEN ORGANIZING ISN'T ENOUGH SHED YOUR STUFF, CHANGE YOUR LIFE



Tantor. No binding. Book Condition: New. Audio CD. Dimensions: 6.6in. x 5.8in. x 1.2in. Are you eager to make a change but unsure what's next? Organizing works when you know where you're going but don't know how to get there. But sometimes organizing isn't enough. When you're eager to make a change in your life but are unsure of your new destination, you need to SHED. Expert organizer and New York Times bestselling author Julie Morgenstern has developed the four-step SHED plan to help you get unstuck from the defunct, obsolete objects and obligations preventing you from living a richer, more meaningful life. SHED picks up where other organizing processes leave off, helping you purge the physical and behavioral clutter holding you back so you can finally create real change in your life. But it's not just about throwing things away! The SHED process is more about what comes before and after you leave the clutter so that the changes you make really stick in the long term. The SHED plan involves four key steps: Separate the treasures (What is truly worth hanging on to), Heave the trash (What's weighing you down), Embrace your identity (Who are you without all your stuff?), and Drive yourself forward (Which direction connects to your genuine self?). Whether you're facing a move, a promotion, an empty nest, a marriage, divorce, or retirement, *When Organizing Isn't Enough* provides a practical, transformative plan for positively managing change in every aspect of your life. This item ships from multiple locations. Your book may arrive from Roseburg, OR, or La Vergne, TN. Audio CD.



[Read When Organizing Isn't Enough SHED Your Stuff, Change Your Life Online](#)



[Download PDF When Organizing Isn't Enough SHED Your Stuff, Change Your Life](#)

You May Also Like



Dont Line Their Pockets With Gold Line Your Own A Small How To Book on Living Large

Madelyn D R Books. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in. This book is about my cousin, Billy a guy who taught me a lot over the years and who...

[Read eBook »](#)



DK Readers Day at Greenhill Farm Level 1 Beginning to Read

DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.8in. x 5.7in. x 0.2in. This Level 1 book is appropriate for children who are just beginning to read. When the rooster crows, Greenhill Farm springs...

[Read eBook »](#)



Too Old for Motor Racing: A Short Story in Case I Didn't Live Long Enough to Finish Writing a Longer One

Balboa Press. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in. We all have dreams of what we want to do and who we want to become. Many of us eventually decide...

[Read eBook »](#)



Molly on the Shore, BFMS 1 Study score

Petrucci Library Press. Paperback. Book Condition: New. Paperback. 26 pages. Dimensions: 9.7in. x 6.9in. x 0.3in. Percy Grainger, like his contemporary Bela Bartok, was intensely interested in folk music and became a member of the English...

[Read eBook »](#)



DK Readers Animal Hospital Level 2 Beginning to Read Alone

DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.9in. x 5.8in. x 0.1in. This Level 2 book is appropriate for children who are beginning to read alone. When Jack and Luke take an injured...

[Read eBook »](#)