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# FINDING YOUR POSITIVES: YOUR PERSONAL PLAN FOR FACING LIFE S CHALLENGES (PAPERBACK)



iUniverse, United States, 2012. Paperback. Book Condition: New. 216 x 140 mm. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Finding Your Positives is a refreshing, inspirational way to learn to cope with life changing events along with life s daily challenges. The struggle is the day-to-day coping to begin to heal to a path of recovery. Learn to control your mind instead of your mind controlling you with confusing; conflicting emotions putting at risk your well-being...

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- Authored by Steve Ward
- Released at 2012



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# Reviews

Basically no words to clarify. Of course, it is perform, still an amazing and interesting literature. Its been printed in an exceptionally basic way which is only soon after i finished reading through this ebook where actually altered me, change the way i really believe.

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